



Supplemental
Nutrition
Assistance
Program

Putting Healthy Food
Within Reach



Supplemental Nutrition Assistance Program (SNAP)

SNAP helps families buy food needed for good health.

What is the Supplemental Nutrition Assistance Program (SNAP)?

The Supplemental Nutrition Assistance Program (SNAP), formerly known as food stamps, helps low-income individuals buy food for healthy meals at participating stores. Families can use their SNAP benefits to purchase almost any food item, or purchase seeds and plants to grow fruits and vegetables.

For more information, please visit the [CHFS SNAP](#) page.



Who is Eligible for SNAP Benefits?

Any household who meets basic income and other requirements may be eligible to receive SNAP benefits. Requirements include United States citizenship (or being a qualified immigrant), Kentucky residency, work registration, and financial resource limits. A household is any person, family, or group of people who buy and eat food together. Spouses, parents living with their natural or adopted children who are age 21 or younger, and children under age 18 are considered to be one household.

Basic Eligibility Requirements

Citizenship	Only United States citizens and some qualified immigrants may receive food benefits
Work Registration	Anyone in a household who is 16 to 59 years old and able to work must agree to register for work in order to receive benefits. There are some exceptions to this requirement.
Financial Resources	Household resources (i.e. cash and bank accounts) are used to determine eligibility. Money from wages or other payments to any household income is counted as income.

To apply for SNAP benefits, individuals may:

- Apply and interview by calling DCBS Family Support toll-free number at (855) 306-8959
- Apply and interview by visiting their local [DCBS office](#)
- Visit [kynect benefits](#) to start an application online (DCBS interview will still be needed.) or
- [Find a kynector](#) who can help submit a SNAP application (DCBS interview will still be needed.)

