

CABINET FOR HEALTH AND FAMILY SERVICES

Medicaid Monthly Virtual Meeting Dec. 19, 2024



- Welcome/Introduction
- Department Updates
 - Renewals and Eligibility
 - Anthem Transition
 - Federal Rules Update
 - Open Enrollment 2025
 - Reentry
 - HCBS Waivers
- Guest Spotlight: Mental Health Crisis Resources
- Hot Topic: Seasonal Illness
- Program Spotlight: Fiscal Management



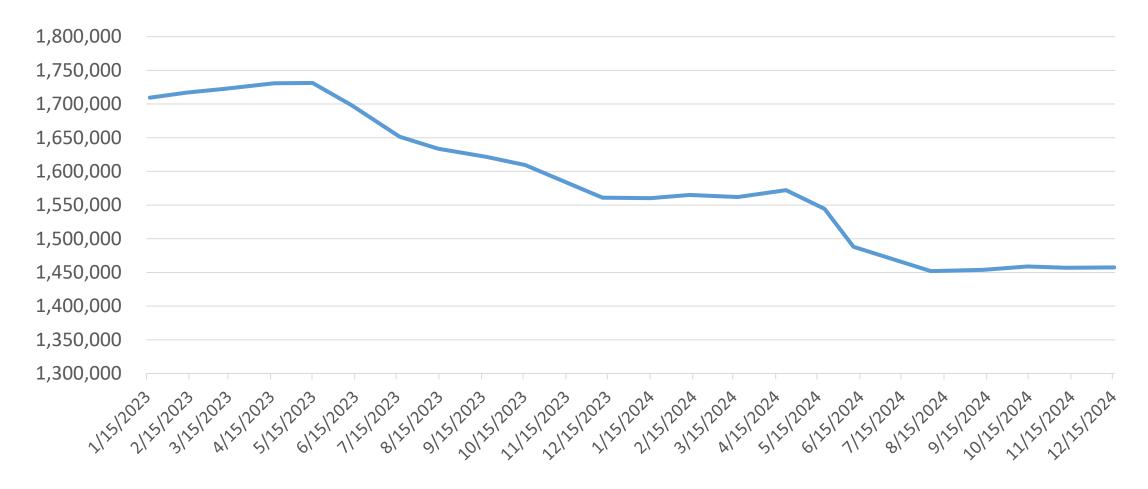


Medicaid PHE Unwinding Updates



Medicaid Enrollment Trend

Medicaid Enrollment: Jan 2023 through Dec 2024 Renewals



Medicaid Renewals 2023 2024 May Jun Jul Aug Sep Oct Nov Dec Jan Feb Mar Apr May Jun

- All PHE-related renewals for adults have been conducted and processed.
- Ongoing annual renewals for non-PHE cases resumed in April 2024.
- Flexibilities in place through June 2025 with many being made permanent in alignment with recent CMCS Informational Bulletin.
- Certain Appendix K flexibilities made permanent in 1915(c) waivers effective May 1, 2024.
- CMS monthly and updated reporting ongoing.

Unwinding Report Updates Posted – Cont'd

Original 2024 CMS Monthly Reports				Updated 2024 CMS Monthly Reports*						
	Individual Renewals	Medicaid Approvals	Medicaid Terminations	Pending	90-Day Processing Period		Individual Renewals	Medicaid Approvals	Medicaid Terminations	Pending
Jan	79,053	67,748	10,899	22	22 processed	Jan	79,053	67,758	10,911	0
Feb	93,004	64,789	10,128	1	1 processed	Feb	93,004	64,780	10,128	0
Mar	97,962	70,358	7,932	72	72 processed	Mar	97,962	70,404	7,958	0
Apr	103,265	70,170	15,887	226	226 processed	Apr	103,265	70,266	16,017	0
May	94,705	51,534	37,461	816	816 processed	May	94,705	51,938	37,873	0
Jun	58,959	41,336	13,187	1	1 processed	Jun	58,959	41,337	13,187	0
Jul	40,719	36,036	1,187	0	0 processed	Jul	40,719	36,036	1,187	0
Aug	36,136	31,823	979	2	2 processed	Aug	36,136	31,825	979	0

KY Medicaid Renewals* and Reinstatements

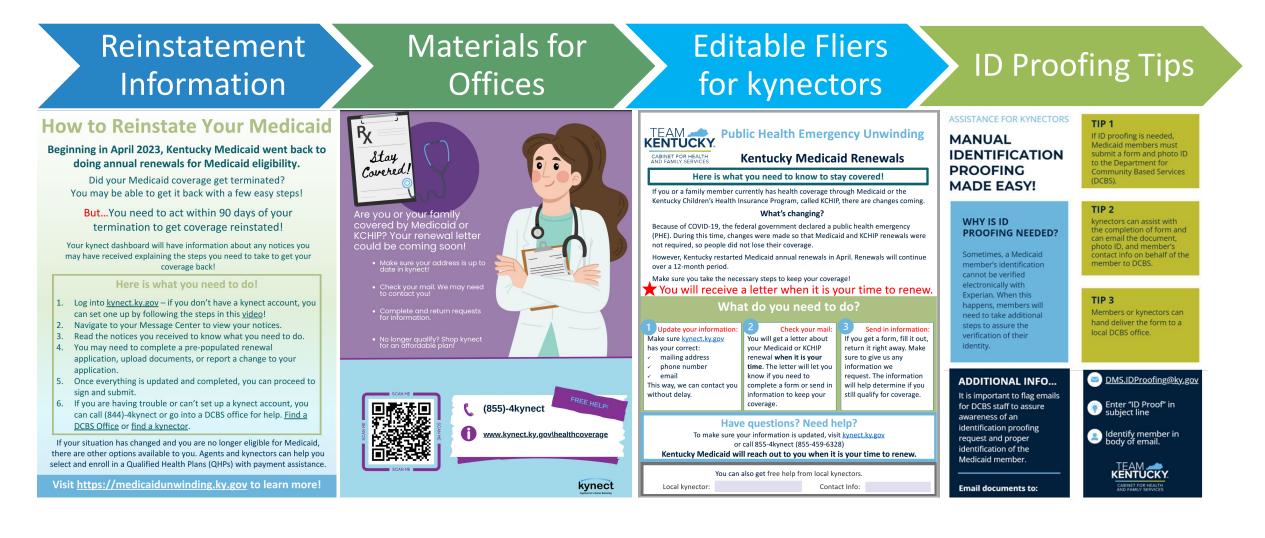
Individuals procedurally terminated on their renewal due date are given 90 days to respond and provide requested information. If they are determined eligible, coverage is **reinstated** back to their termination date. Months that are still within the 90-day window and are still processing reinstatements are included below.

	Individual Renewals	Medicaid Approvals	Medicaid Terminations	Pending	Extended	Reinstatements as of 12/13/24
September	52,369	45,833	1,234	1	5,301	582
October	61,174	52,815	1,557	4	6,798	629
November	38,540	30,194	1,234	5	7,107	395

*Numbers are based on CMS Reports.

Help us get the message out! Informational fliers available on PHE website in English and Spanish!

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KY PHE Website Resources

https://medicaidunwinding.ky.gov



During the COVID-19 Public Health Emergency (PHE), the Kentucky Department for Medicaid Services (DMS) made sure that all Medicaid beneficiaries kept their coverage. DMS stopped all annual renewals. But soon, DMS will begin annual renewals for Medicaid members. You may be at risk of losing Medicaid coverage if we cannot reach you. You should update your contact information as soon as possible and keep it updated so Kentucky Medicaid is able to reach you when it is your time to renew!

Please update your information as soon as possible! Visit <u>kynect</u>, ky.gev or call kynect at 855-449x-6220 to update your mailing address, phone number, email and other contact information. Kentucky Mediciai will then be able to reach you when it is your time to renew!

https://khbe.kv.gov

Kentucky PHE Plans and Reports

Through the PHE Unwinding, Kentucky will be prioritizing transparency across all operations and progress through the unwinding. The following materials will provide insight to all operational plans and up-to-date information on our progress through the 12-month unwinding period. Additional reports will be added to this section as they are available.

- Kentucky Unwinding Approach March 2023
- Kentucky PHE Flexibilities Tracker
- <u>Renewal Redistribution Report</u>
- System Artifact Report

Stakeholder Session Information

KY PHE Reports

FAQs

Medicaid Member Information

Medicaid Provider Information

Communication Materials

Communications Materials

If you should need any materials to share with your customers or partners, please feel free to leverage the following resources, developed and approved by Kentucky Medicaid.

Member Information Brief	<u>español</u>					
Member Renewals Information	<u>español</u>					
Provider Information Brief						
Alternative Coverage Options	<u>español</u>					
<u>Qualified Health Plan (QHP)</u>	<u>español</u>					
Medicare Enrollment (Members)	<u>español</u>					
<u>Medicare Enrollment (Provider)</u>						
How to Access Your Renewal Date						
How to Access Your Patient's Renewal Date						
KY PHE Renewal Pathway Brief						
Provider Renewals Guidance Document						

Stakeholder Sessions

In March, DMS hosted Stakeholder Engagement meetings to provide information about the PHE Unwinding and Medicaid renewals. You can find the materials from those sessions here:

Presentation Recording - <u>KY PHE Stakeholder Engagement Meeting Recording March - YouTube</u>

Presentation Slides
Kentucky Unwinding Stakeholder Frequently Asked Questions Document

To help support Medicaid partners, DMS is holding virtual stakeholder forums

	OUR MONTHLY OLDER MEETING!
Occurs the third Thursday of every month from 11	Location: Microsoft Teams
a.m. (EDT) Io noon beginning April 20, 2023	Meeting ID: 235 003 905 881 Passcode: roy4wM

Please join us for the Monthly Stakeholder Meeting every third Thursday at 11:00 am ET.

If you have any questions for DMS that you would like for us to speak to during the upcoming monthly meeting, please submit those questions through this <u>survey</u>. Thank you!

In addition, Thursday, April 20th we will be hosting a Provider Informational session on Medicaid Renewals and the PHE unwinding. Please register for the event to learn about updates specific to providers and hear answers to some of your questions!

Anthem Medicaid Transition

Anthem Transition Timeline

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Anthem Reassignment Plan



Approximately 157,000 Anthem members were automatically assigned to Humana or United **resulting in an equal split** in the following order of priority:

- a. If a household member has the same MCO;
- b. If a preferred provider is in the network; or
- c. If not assigned in a or b above, then randomly auto-assigned in a round-robin fashion.



System auto reassignment occurred **Nov. 10, 2024** with an effective date of **Jan. 1, 2025.**



Member reassignment notice mailed Nov. 12, 2024.



Anthem Reassignment Plan

New and current members may no longer select or be assigned Anthem as of **Nov. 9.**

Anthem reinstatements through **Dec. 31, 2024** - member may select or be auto-assigned effective Jan. 1, 2025

An Anthem member choosing any MCO between **Nov. 10 and Dec. 31** overrides the automatic reassignment.

Another reassignment will occur at the end of December for any remaining Anthem members who were not reassigned in November.

DMS, Anthem, Humana and United are meeting regularly to ensure smooth transition especially for members in care management, pregnant, inpatient, out of state, residential or ongoing treatment.



Anthem Transition Communications

- Member Written Reassignment Notice.
- Provider Written Notice and Medicaid Partner Portal Email.
- kynect and KYHealthNet Platform Announcement.
- Anthem Member Self-Service Portal and Worker Portal Posting.

Email communications to various partners and advocacy groups, including advisory council members.

- Dedicated phone number for Anthem members 1-833-501-9930.
 - Frequently Asked Questions Document and One-Pager Explainer Document.

Designated website, Kentucky Medicaid Anthem MCO Transition.



We Want to Hear From You!

New federal rules require that the Department for Medicaid Services make changes to the Advisory Council for Medical Assistance and create a new Beneficiary Advisory Council. As we explore this change, we want to make sure the future structure of the advisory groups works in a way that is best for all Kentuckians. This survey allows us to gather your feedback on important design considerations. Scan this QR code to access the survey. Kentucky Medicaid Advisory Committee (MAC) and Beneficiary Advisory Council (BAC) Survey





Nov. 1 to Jan. 15, 2025



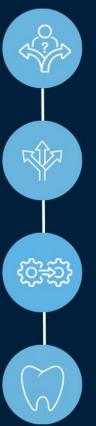
Nov. 1: Open Enrollment Began.

Dec. 15: Deadline for coverage to begin Jan 1.

Jan. 15, 2025: Open Enrollment Ends.



More choices, improved user experience



The application flow is more streamlined, and it is easier for Kentuckians to see their potential eligibility for levels of financial assistance.

More issuers are offering plans with specific benefits such as heart health or diabetes.

More plans compatible with Health Savings Plans are available for 2025.

A new dental carrier has been added.





90,000+

Kentuckians have enrolled in a Qualified Health Plan.

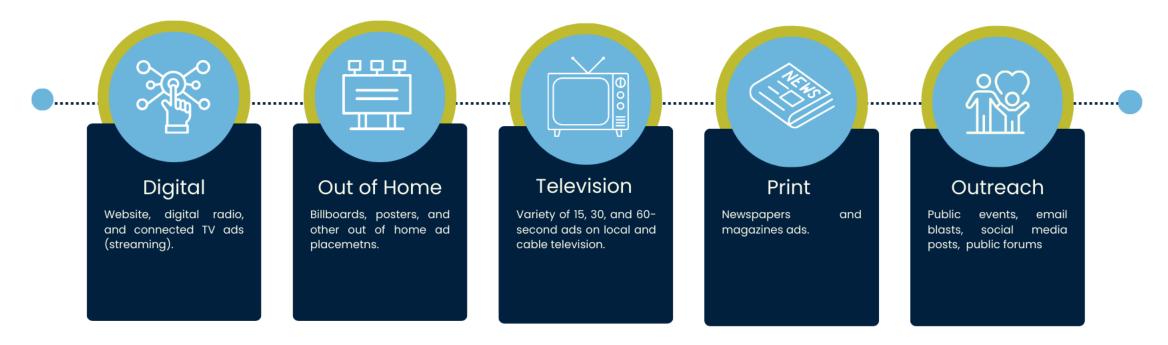


The enrollment rate has increased significantly. Compared to last year, records indicate over 20,000 more individual enrollments.



Where you've seen us

The kynect outreach campaign officially launched in October, featuring ads in multiple platforms. Messages can be seen on TV, billboards, websites, social media, radio, newspapers, and other out of home locations. Additionally, CHFS and DMS have promoted Open Enrollment through public forums, via digital channels, and through kynector networks in all 120 counties.



For assistance enrolling in health insurance go to: kynect.ky.gov or call 1-855-4kynect, that's 1-855-459-6328

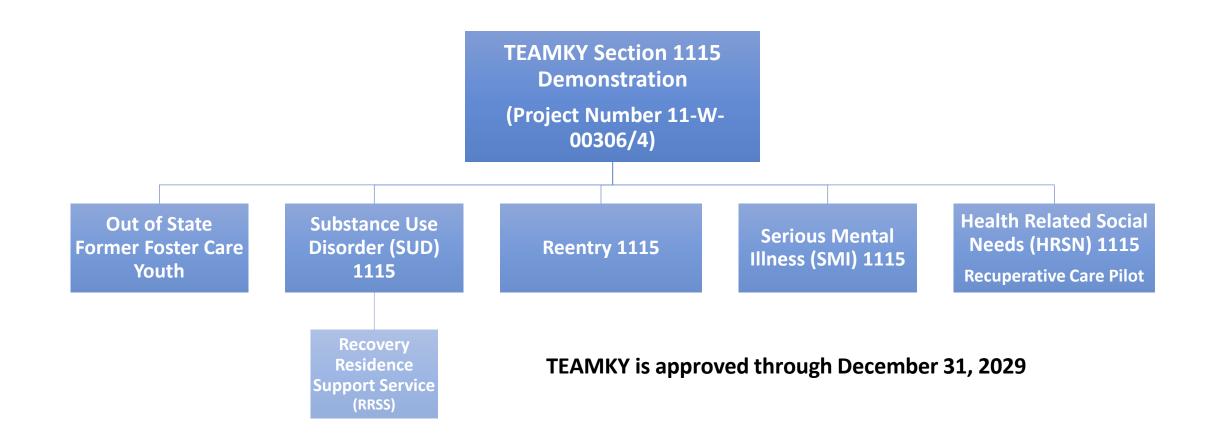




TEAMKY 1115 Approval

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Kentucky received approval on December 12, 2024 for the following Demonstration components:



Provisions of Medicaid Services for Placed Youth

The 2023 Consolidated Appropriations Act (CAA) includes mandatory Sections 5121 that amend existing laws limiting Medicaid and CHIP coverage for incarcerated individuals.



Eligible Population

Section 5121

- Adjudicated juveniles under 21 years of age; or
- Between the ages of 18 and 26 if formerly in foster care.



Eligible Settings

- Youth Development Centers
- Youth Detention Centers
- State Prisons
- Local Jails



Covered Services

PROVISIONS EFFECTIVE JANUARY 1, 2025

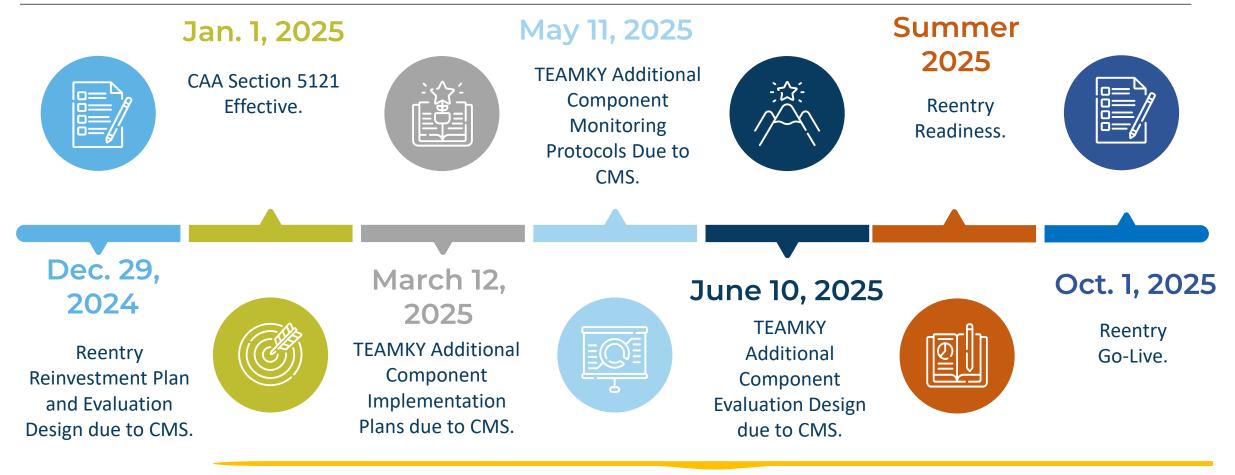
Section 5121

- Early and Periodic Screening, Diagnostic, and Treatment Services (EPSDT) screening and diagnostic services; includes medical, dental, and behavioral health; and
- Targeted Case Management 30 days prerelease and 30 days post-release.

CAA Planning Grant

- **Opportunity:** Funding to support addressing operational barriers and improving systems for continuity of care following incarceration in state-operated prisons, local, tribal, and county jails, and youth correctional or detention facilities required under Section 5121.
- **Requested:** \$5 Million over 4 years
- Submitted: November 11, 2024
- Notification: Expected February 2025

TEAMKY and CAA Timeline



2025

Ongoing CAA Planning and Onboarding

*Additional TEAMKY Components Go-Live TBD



Additional Waiver Slots

CMS issued final approval

Michelle P.	Acquired Brain Injury Long-Term Care
750 new; 250 current Fiscal Year	50 new; 25 current Fiscal Year

Home and Community Based Services

Supports for Community Living

750 new; 250 current Fiscal Year

375 new; 125 current Fiscal Year

Decision paves the way for expansion of services and implementation of new rates. It has a Jan. 1, 2025 effective date. DMS is collaborating with Gainwell to implement the new rates by January 1.

<u>Guest Spotlight: Mental Health</u> <u>Crisis Resources</u>

988 **SUICIDE & CRISIS** LIFELINE

TWO YEARS OF GROWTH

In its first two years, 988 answered more than **10 million** texts, calls, and chats following the over \$1.5 billion Biden-Harris Administration total investment. Overall, since 2023:

TEXTS 1 increased by 51% 1 increased by 34%

CHATS ♣ decreased by 21%

988

SUICIDE & CRISIS

LIFELINE

Of the 10 million contacts answered, nearly **1.7 million** were texts - an increasingly popular modality for contacting 988 with an increase of 51% from 2023 to 2024.





Someone to talk to





SUICIDE & CRISIS

People who call 988 are given five options to connect to a caring, trained counselor:

- · Press 1 to connect with the Veterans Crisis Line
- Press 2 to connect with the national Spanish Subnetwork
- Press 3 to connect with national LGBTQI+ support for youth and young adults
- Remain on the line and be connected to a counselor who can listen and provide local support resources.
- Press 0 to bypass the message and connect directly

People who text/chat 988:

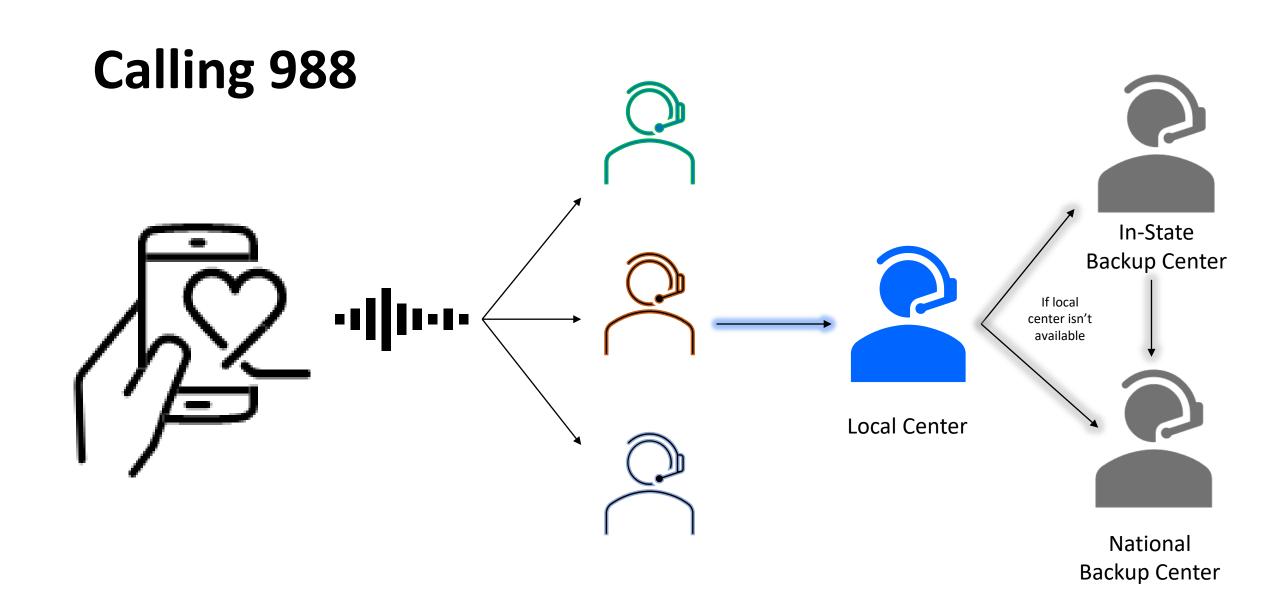
- LGBTQI+ subnetwork, text "PRIDE" to 988, or chat 988lifeline.org
- Spanish-language support national subnetwork, text "AYUDA" to 988, or chat linea988.org/chat
- Remain on the text/chat and be connected to a counselor who can listen and provide support resources

Deaf and Hard-of Hearing Service

- For Videophone services, dial 988 directly on a videophone to connect with crisis counselors who can communicate in ASL
- Select "ASL Now" from 988lifeline.org for service in American Sign Language

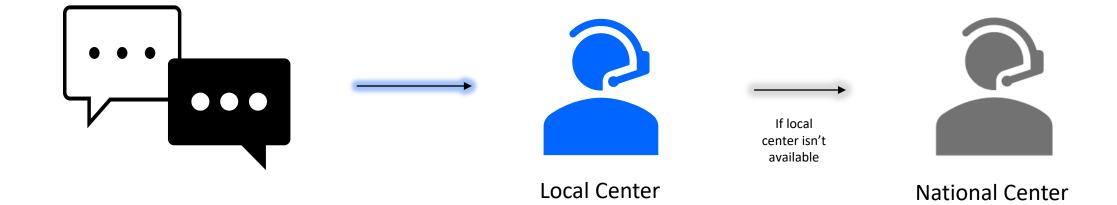




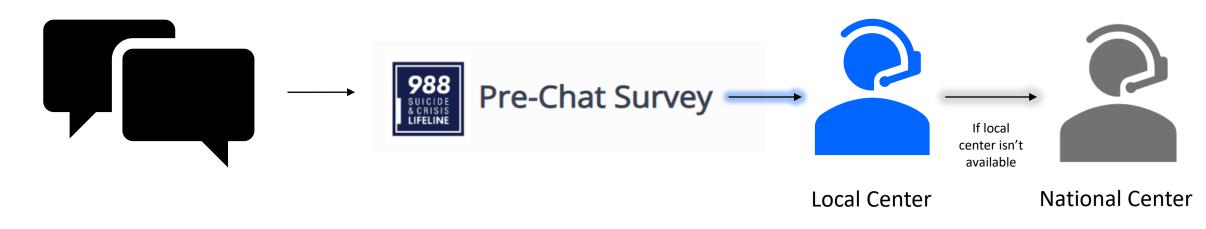


Text 988

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https://988lifeline.org/chat/



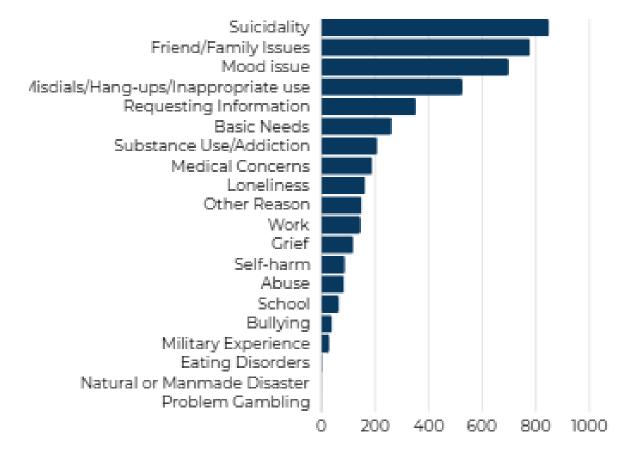
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Each and every person matters

Community Mental Health Center Regions



REASONS FOR CONTACTING 988: OCTOBER 2024



Note: counts aren't mutually exclusive since multiple reasons can be documented per contact.



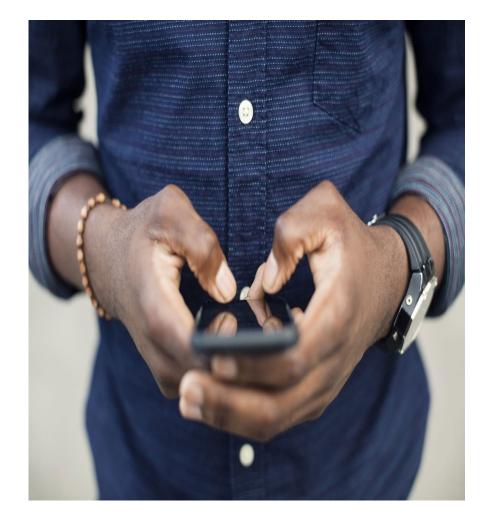
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Transforming Crisis Care







When you have an emergency and need law enforcement, EMS, or fire you call 911.

When you or someone you know is experiencing a behavioral health crisis, you call **988**.

Be the lifeline.





Transforming the Crisis Response

https://findhelpnow.org/ky

♀ find**help**now.org

Home Learning Materials FAQs About Contact

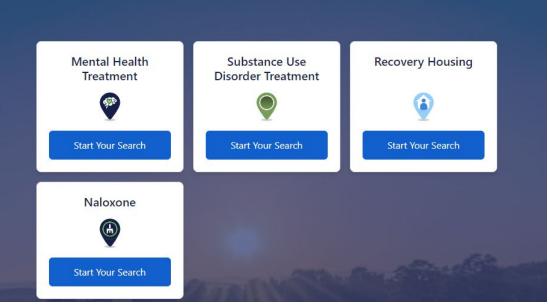
If you're experiencing a crisis, call 988 to reach someone at the Suicide & Crisis Lifeline immediately.

Start Here To Find Treatment and Recovery Openings

Use this website to find facilities and providers who are actively taking new clients. We work with hundreds of mental health treatment, substance use disorder treatment, naloxone, and recovery housing organizations in Kentucky to bring you up-to-date and accurate information and available openings.

Experiencing a Crisis? Call or text <u>988</u> or Live Chat.

Need help finding substance use disorder treatment? Have questions about treatment or recovery? Contact our partners at the KY HELP Statewide Call Center to speak with a screening and referral specialist Monday through Friday from 7:00 am to 10:00 pm and Saturday and Sunday from 8:30 am to 5:30 pm EST/EDT at <u>1-877-318-1871</u>.



Transforming the Crisis Response

CRISIS vs EMERGENCY.

WHAT'S THE DIFFERENCE?

988

A mental health or substance use crisis can be helped by a crisis counselor or behavioral health professional

A mental health or substance use emergency requires immediate attention from first responders.

When to call 988 Suicide attempt Finding daily tasks hard Feeling lonely, or hopeless Overdose Sudden mood changes

 Feeling anxious or restless Feeling paranoid Showing violent or abusive behavior toward oneself or others Thinking about suicide · Dealing with the negative effects of Fire substance use

by visiting

tinyurl.com/988Chat

988

· Showing increasing risky behaviors call or text 988, or chat



When to call 911

The 988 Suicide and Crisis Lifeline offers more convenient access to mental health and substance use crisis care through a network of call, text, and chat centers. These centers are distinct from 911's public safety functions, which primarily involve dispatching emergency medical services, fire, and police as necessary.



Are you...

- in need of support for you or someone you know
- feeling overwhelmed or hopeless
- depressed or anxious
- struggling with substance use
- in need of a listening ear
- looking for a sign to stay alive

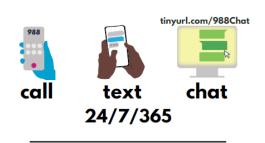


It's your call! What you share and whenremain anonymous if you want. We're here to help.

chat

text





Your voice matters.

If you have contacted 988, we want to hear from you.



Scan the QR code or visit tinyurl.com/988Feedback Your feedback improves the life-saving services of 988.





Transforming the Crisis Response

Help us help Kentuckians

If you have contacted 988, we want to hear from you.



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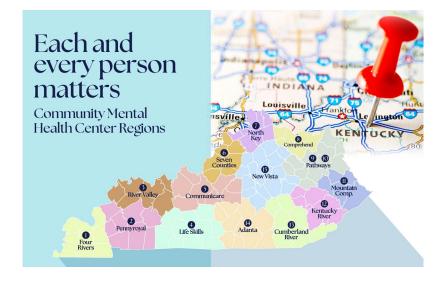
Your feedback improves the life-saving services of 988.

988 SUICIDE & CRISIS



CABINET FOR HEALTH AND FAMILY SERVICES

Ways To Help





Join us in transforming the crisis continuum of care in Kentucky.

- Lend your voice through workgroups https://ky.readyop.com/fs/4ovY/4e9fd6f1
- Regional 988 Coalitions
- Host Presentations
- Increase 988 awareness
- Advocate

Questions



Thank You!

Angela Roberts

988 Program Administrator, Division of Mental Health

Department for Behavioral Health, Developmental & Intellectual Disabilities

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Cell: 502-871-0044

Hot Topic: Season Illness

Tis the season

Fever, cough, congestion, stuffy nose, runny nose, headache, sneezing, body aches and more



Viral respiratory season

- Fall, winter and early spring are when viruses that cause respiratory illnesses circulate more heavily in the community.
 - CDC reported 200 pediatric deaths for the 2023-2024 season.
 - Last year the country saw between 34 and 75 million flu cases, up to 900,000 hospitalizations, and as many as 100,000 deaths.
- Luckily, we have ways to prevent and treat some of the worst culprits

Seasonal Illnesses



- Flu
- Covid
- RSV
- Cold viruses

Bacterial

Pertussis (Whooping Cough)

Immunization

remains the best way to protect yourself against serious outcomes from viral respiratory illnesses this season

- CDC recommends flu and COVID-19 vaccination for everyone 6 months and older.
- CDC recommends pertussis vaccination for pregnant people and adults who care for infants. It is also part of routine childhood immunizations
- CDC recommends RSV immunization for <u>those who are eligible</u>, including:
 - Some babies
 - Pregnant people
 - Older adults, including those ages 60-74 who are at increased risk of severe RSV
 - Everyone ages 75 and older

Prevention: In addition to vaccination

- Avoid close contact with people who are sick
- Wash your hands often with soap and water. If soap and water are not available, use an alcohol-based hand rub
- Avoid touching your eyes, nose, and mouth. Germs spread this way
- Cover coughs and sneezes
- Clean frequently touched surfaces
- You can improve air quality by bringing in fresh outside air, purifying indoor air, or gathering outdoors.

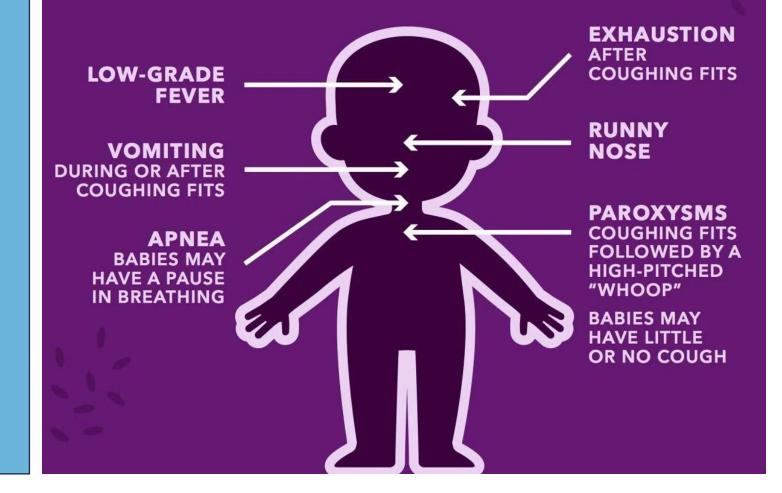
If you are sick,

- Limit contact with others as much as possible to keep from infecting them
- For <u>flu</u>, CDC recommends that people stay home, for at least 24 hours, until your symptoms are getting better overall, and you have not had fever (and are not using fever-reducing medication)

Pertussis

"The one hundred day cough"

SYMPTOMS OF WHOOPING COUGH



Treatment: Plenty of rest, fluids and fever control medications

• Viruses

 Antiviral drugs are prescription medicines that fight against flu or COVID in your respiratory tract. Antiviral drugs are not sold over the counter. You can only get them from a pharmacy if you have a prescription from your doctor or health care provider. Antiviral drugs should be started as soon as possible after symptoms begin!

• Bacteria - Pertussis

- Antibiotics are used to decrease symptoms and stop the spread
- Treatment within the first 1-2 weeks is most effective for reducing symptom severity

To prevent pertussis, CDC supports targeting postexposure antibiotic use to those at high risk of developing severe pertussis and their close contacts

Our HEALTHY KENTUCKY Home

Eat 2 servings of fruits or vegetables daily.

👿 Exercise at least 30 minutes, 3 times per week.

Engage with others, stay connected!

#OurHealthyKYHome

LEARN MORE: OurHealthyKYHome.ky.gov





According to the Centers for Disease Control



People nationwide die from heart disease each year



Heart disease is one of the leading causes of death in Kentucky





Program Spotlight: Fiscal Management



CABINET FOR HEALTH AND FAMILY SERVICES

Division of Fiscal Management

Division Spotlight

Amy Richardson, Director

December 19, 2024



Division of Fiscal Management

Oversee Department Budget - \$18.5b State Plan Amendments Directed Payments Set Provider Reimbursement Rates Personal Service Contracts Federal and State Reporting

Open Records Request

Division Of Fiscal Management Amy Richardson, Director John Hay, Assistant Director Jacob Wilson, Assistant Director

Financial Management Branch Wesley Penn, Branch Manager Rate Setting Branch Michelle Tyson, Branch Manager

Advanced Planning Document Branch Becky Tubbs, Branch Manager Contracts and Administrative Services Branch Angie Wilmoth, Branch Manager

Financial Management Branch

- Weekly provider reimbursement cycle
- Drug Rebates (\$1.55B in SFY 2024)
- Accounts receivable
- CMS reporting
- Directed Payment payment processing
- Disproportionate Share Hospital Program (DSH)
- Weekly Pharmacy Cycle
- Check Reissues

Rate Setting Branch

- Establish Fee-for-Service reimbursement rates
- Work closely with our Rate Setting contractor, Myers and Stauffer
- Collect and Review Cost Reports
- Cost Settlements
- RHC and FQHC Reimbursement Rates, using Prospective Payment System
- Provider type experts

Advanced Planning Document (APD) Branch

- Oversee APD process to request federal funding for IT systems
- Maintain APD submission schedule in accordance with CMS Guidelines
- Work closely with the Centers for Medicare and Medicaid Services
- Review APD expenditures
- Monitor APD related contracts

Contracts and Administrative Services Branch

- Oversee Personal Service Contracts for the Department
- Request Federal Grant Award from CMS
- Accounts Payable
- Federal and State Reporting
- Open Records Request
- Retention Schedules
- Inventory

QUESTIONS and/or Comments?

Contact Information:

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Questions

Open call for topics of interest!

What would you like to hear more about from the Cabinet?

