

CABINET FOR HEALTH AND FAMILY SERVICES

Medicaid Monthly Virtual
Meeting
April 17, 2025



# Agenda

- Welcome/Introduction
- Department Updates
  - Medicaid Renewals & Flexibilities
  - Medicaid Child Renewal Toolkit
  - Reentry Update
  - Families First Implementation
  - Medical Advisory Committee (MAC) and Beneficiary
     Advisory Committee (BAC)
- Hot Topic: Our Healthy KY Home Mental Health



# Medicaid Renewals & Flexibilities Update



# Medicaid PHE Flexibilities – Ending June 2025

DMS has multiple ongoing flexibilities in place to support members going through renewals. These will end June 30, 2025.

Continuous child coverage for 12 months for all children under age 19

One-month extensions to allow additional time all non-LTC and non-waiver members to respond to a notices

Up to three-month extension for LTC and waiver members to allow additional time to respond to notices

Allow an authorized representative signing an application or renewal form via the telephone without a signed designation

But messaging to members remains the same!



# Messaging to Members



Update any changes to your information (mailing address, phone number, or email) at kynect.ky.gov/benefits



Respond to any letters you receive about Medicaid. You might hear from Medicaid through text, email, or letter. Be sure to respond!



You can get help anytime! Contact a local health coverage navigator at kynect.ky.gov or call 855-4kynect (855-459-6328)



# Medicaid Enrollment Trend

Medicaid Enrollment: Jan 2023 through Apr 2025 Renewals





# Medicaid Renewals

- Regular annual renewals for cases unrelated to the Public Health Emergency (PHE) unwinding resumed in April 2024.
- Member Toolkit available <u>online</u> to support members in understanding their coverage.
- Communications materials to support members and families with children going through renewal coming soon!
- CMS monthly and updated reporting ongoing.



# Unwinding Report Updates Posted – Cont'd

Original 2024 CMS Monthly Reports

	Individual Renewals	Medicaid Approvals	Medicaid Terminations	Pending
Jan	79,053	67,748	10,899	22
Feb	93,004	64,789	10,128	1
Mar	97,962	70,358	7,932	72
Apr	103,265	70,170	15,887	226
May	94,705	51,534	37,461	816
Jun	58,959	41,336	13,187	1
Jul	40,719	36,036	1,187	0
Aug	36,136	31,823	979	2
Sep	52,369	45,833	1,234	1
Oct	61,174	52,815	1,557	4
Nov	38,540	30,194	1,334	5
Dec	38,604	33,235	819	1

90-Day **Processing Period** 22 processed 1 processed 72 processed 226 processed 816 processed 1 processed 0 processed 2 processed 1 processed

3 processed

5 processed

1 processed

Updated 2024 CMS Monthly Reports\*

	Individual Renewals	Medicaid Approvals	Medicaid Terminations	Pending
Jan	79,053	67,758	10,911	0
Feb	93,004	64,780	10,128	0
Mar	97,962	70,404	7,958	0
Apr	103,265	70,266	16,017	0
May	94,705	51,938	37,873	0
Jun	58,959	41,337	13,187	0
Jul	40,719	36,036	1,187	0
Aug	36,136	31,825	979	0
Sep	52,369	45,833	1,235	0
Oct	61,174	52,817	1,558	1
Nov	38,540	30,199	1,334	0
Dec	38,604	33,236	819	0



# KY Medicaid Renewals\* and Reinstatements

Individuals procedurally terminated on their renewal due date are given 90 days to respond and provide requested information. If they are determined eligible, coverage is **reinstated** back to their termination date. Months that are still within the 90-day window and are still processing reinstatements are included below.

	Individual Renewals	Medicaid Approvals	Medicaid Terminations	Pending	Extended
January	70,736	61,288	1,945	1	7,502
February	67,936	59,672	1,703	3	6,558
March	76,683	67,120	1,708	0	7,855

Reinstatements as of 04/11/25
781
974
363



<sup>\*</sup>Numbers are based on CMS Reports.

# Help us get the message out! Communications materials available to support members!

kynect

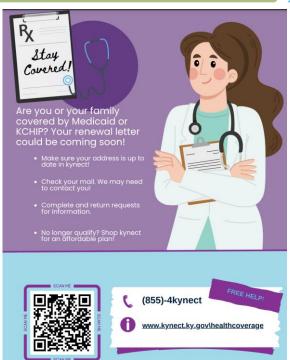
How to Apply

Materials for Offices

Get help from kynectors

Renewals











# Spread the word about Renewals for Children too! Materials are available to help families stay in the know!

Renewing Child Coverage

Health Coverage Options

Get help from kynectors

Use kynect







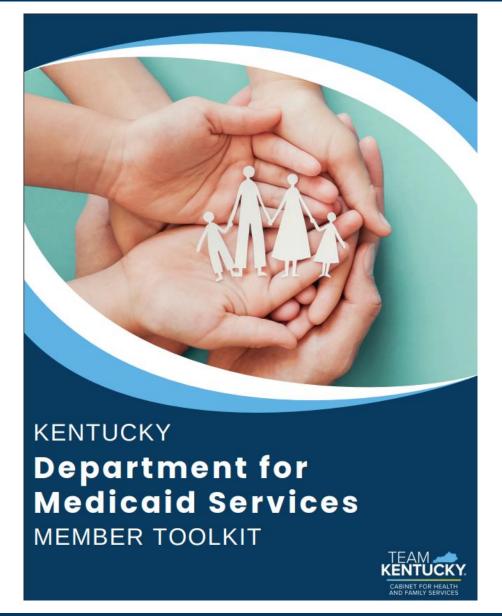




# Medicaid Member Toolkit Available on the DMS Member Website!

Available here

https://www.chfs.ky.gov/agencies/dms/member/ Pages/default.aspx





# KY PHE Website Resources

### https://medicaidunwinding.ky.gov



During the COVID-19 Public Health Emergency (PHE), the Kentucky Department for Medicaid Services (DMS made sure that all Medicaid beneficiaries kept their coverage. DMS stopped all annual renewals. But soon, DMS will begin annual renewals for Medicaid members. You may be at risk of losing Medicaid coverage if we cannot reach you. You should update your contact information as soon as possible and keep it updated so Kentucky Medicaid is able to reach you when it is your time to renew!

#### Please update your information as soon as possible!

Visit <u>kynect, ky, gov</u> or call kynect at 855-4kynect (855-459-6328) to update your mailing address, phone number, email and other contact information.

Kentucky Medicaid will then be able to reach you when it is your time to renew!

### Kentucky PHE Plans and Reports

Through the PHE Unwinding, Kentucky will be prioritizing transparency across all operations and progress through the unwinding. The following materials will provide insight to all operational plans and up-to-date information on our progress through the 12-month unwinding period. Additional reports will be added to this section as they are available.

- Kentucky Unwinding Approach March 2023
- Kentucky PHE Flexibilities Tracker
- Renewal Redistribution Report
- System Artifact Report

### Stakeholder Session Information

**KY PHE Reports** 

**FAQs** 

**Medicaid Member Information** 

Medicaid Provider Information

### **Communication Materials**

### Communications Materials

If you should need any materials to share with your customers or partners, please feel free to leverage the following resources, developed and approved by Kentucky Medicaid.

 Member Information Brief
 español

 Member Renewals Information
 español

 Provider Information Brief
 Alternative Coverage Options
 español

 Qualified Health Plan (QHP)
 español

 Medicare Enrollment (Members)
 español

 Medicare Enrollment (Provider)
 How to Access Your Renewal Date

 How to Access Your Patient's Renewal Date

 KY PHE Renewal Pathway Brief

Provider Renewals Guidance Document

#### Stakeholder Sessions

In March, DMS hosted Stakeholder Engagement meetings to provide information about the PHE Unwinding and Medicaid renewals. You can find the materials from those sessions here:

- Presentation Recording KY PHE Stakeholder Engagement Meeting Recording March YouTube
- Presentation Slides
- Kentucky Unwinding Stakeholder Frequently Asked Questions Document

To help support Medicaid partners, DMS is holding virtual stakeholder forums.



Please join us for the Monthly Stakeholder Meeting every third Thursday at 11:00 am ET.

If you have any questions for DMS that you would like for us to speak to during the upcoming monthly meeting, please submit those questions through this <u>survey</u>. Thank you!

In addition, Thursday, April 20th we will be hosting a Provider Informational session on Medicaid Renewals and the PHE unwinding. Please <u>register for the event</u> to learn about updates specific to providers and hear answers to some of your questions!

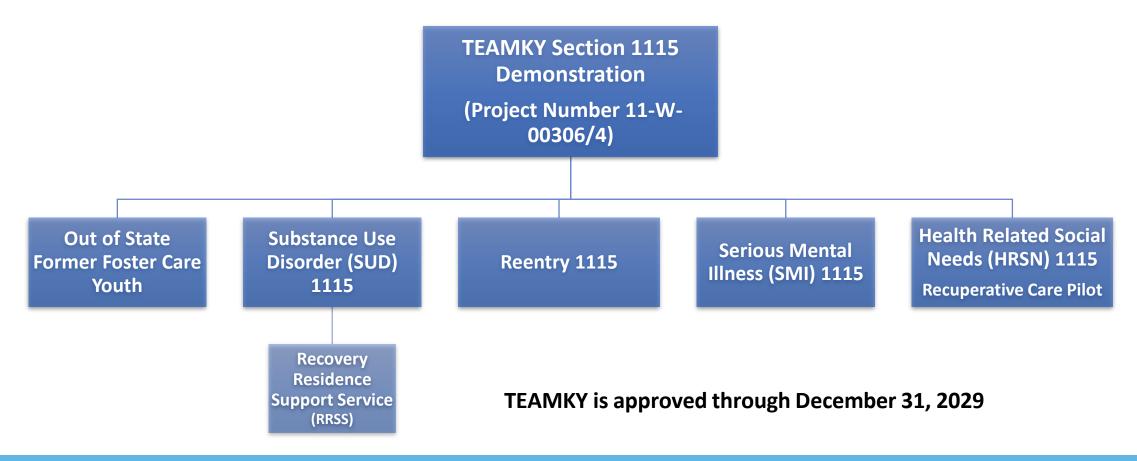


# Reentry Update



# **TEAMKY 1115 Approval**

Kentucky received approval on December 12, 2024 for the following Demonstration components:





# **TEAMKY 1115 and CAA Timeline**

Jan. 11, 2025

KY Awarded
CARES
(Continuity of
Access to
Resources and
Essential
Services)
Planning Grant.

Spring 2025

Conduct CAA
Local/Regional
Jail Interviews.
Completed
Reentry System
Requirements
and Design
Sessions.

Sept. 12, 2025

TEAMKY HRSN Implementation Plan due to CMS. Fall – Winter 2025

CAA Phase 3 and continued TEAMKY Implementation\*

Jan. 1, 2025

CAA Section 5121 Effective with Phase 1 Go-Live. March 12, 2025

TEAMKY SMI and HRSN Deliverables submitted to CMS. May 11, 2025

TEAMKY Monitoring Protocols Due to CMS. June 10, 2025

Summer 2025

Reentry

Readiness and

CAA Phase 2

Onboarding.

TEAMKY Evaluation Design due to CMS. Oct. 1, 2025

Reentry Go-Live.



Dec. 12, 2024

**TEAMKY** 

1115

**Approved** 



# CABINET FOR HEALTH AND FAMILY SERVICES

# **DMS Monthly Forum**

**Families First Implementation** 

Leslie Hoffmann, Deputy Commissioner

**April 17, 2025** 





What if everything we needed to... build a better system serving children and youth





was already within reach...just waiting to be realized?





We start with the **child & youth**and the specific **needs** they have.





And we ask, NOT just what is needed in the hardest moments...





BUT what it takes to build strength, stability, & resilience from the start.





If we choose to strengthen the foundation – create a responsive infrastructure, not just a reactive one





To ensure every service and support... actively contributes to healing – not just fills a gap...



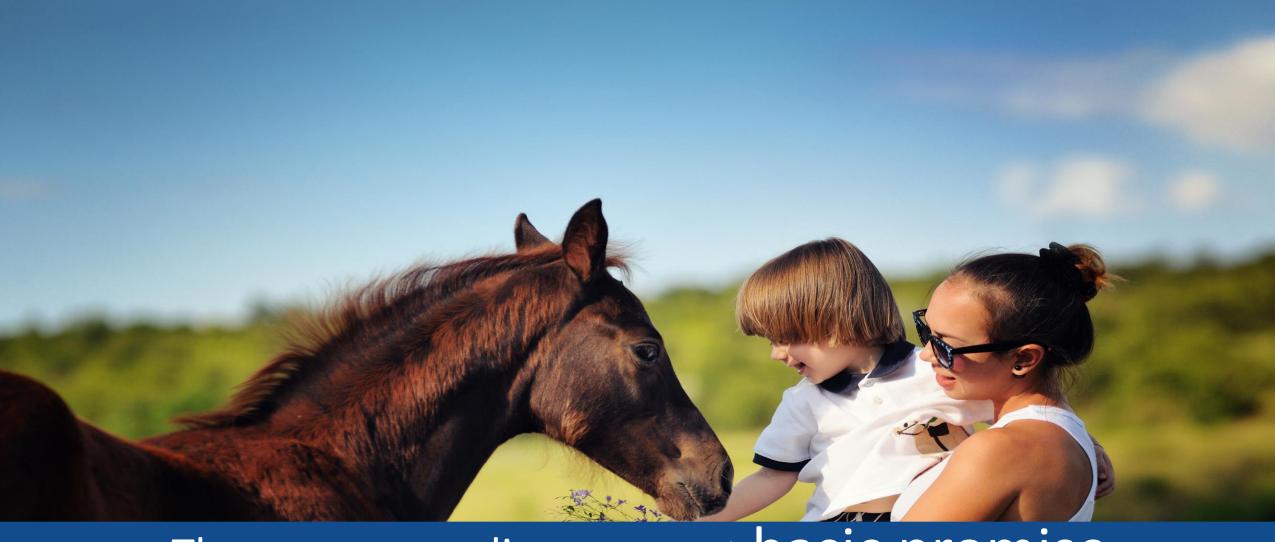


Commit to a clear, consistent communication that informs and connects...



Tracking not just activity – but the **outcomes that matter** – safety, stability, well-being, healing and growth...





Then we can realize our most basic promise to Kentucky's children, youth & families





Resilient Families



Responsive Services





# Healthier Futures





Here's how we do it...TOGETHER





# Kentucky's Families First

Transitioning from Vision to Action – Implementation Roadmap



## Families First — From Vision to Action



# Kentucky is turning aspiration into action.

A new way of working together — across systems, around the child, and alongside families.

A multi-year initiative beginning in 2025



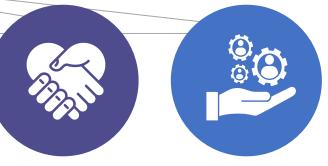
# **Families First**

A comprehensive, multi-year initiative aimed at enhancing the existing system of care for all Kentucky children and youth.









### SHINE KY

Enhancing access to and delivery of school-based services for Medicaid and CHIP-eligible and enrolled students.

### **KY CARES**

Services to support community reentry and improve care transitions for justice-involved youth.

### **CHI Mapping Tool**

Tracking and reporting of children's health initiatives.

### **Funding Modernization**

Restructuring of Medicaid payment for medically necessary treatment services.

### Children's Waiver

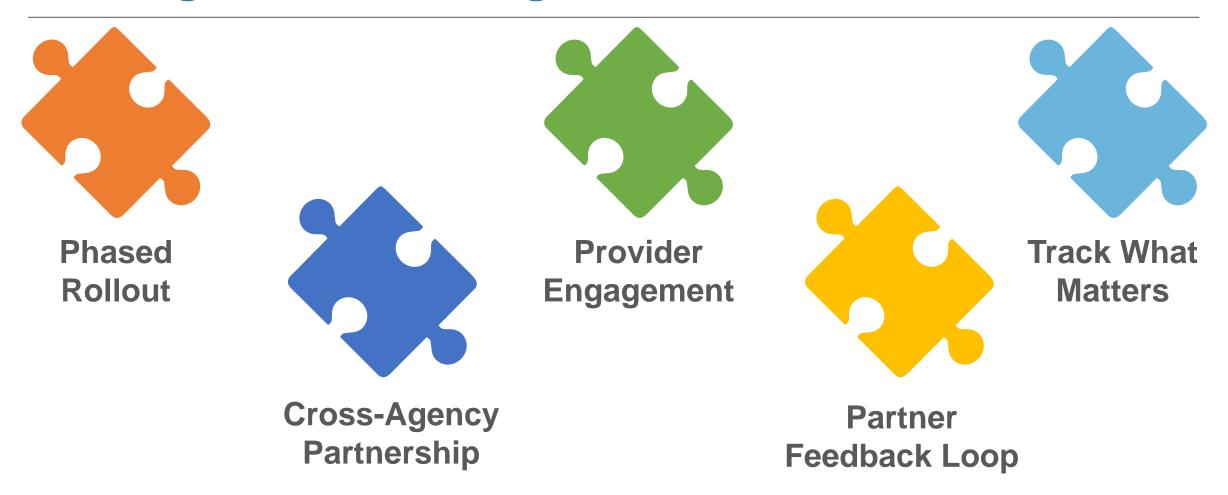
Locate appropriate resources and housing for children and youth in need of placement.

### High Needs Service Delivery

Service design to meet the child-centric care, support services, housing, custody and placement, and other health-related social needs.

Families First seeks to create a unified, integrated, and child-centered care framework that addresses the diverse needs of Kentucky's young population. By enhancing coordination across health, education, social services, and other key sectors, Families First aims to ensure that every child and youth receives the necessary support to achieve their full potential.

# **Putting the Pieces Together**



Families First is no longer just a vision — it's becoming reality.



# **What Changes for Families**

Families First is about enhancing services that work better...not just adding more.



### Simpler Access

Children and youth get help earlier and more consistently.



### Integrated Services

Behavioral, medical, and social needs addressed together.

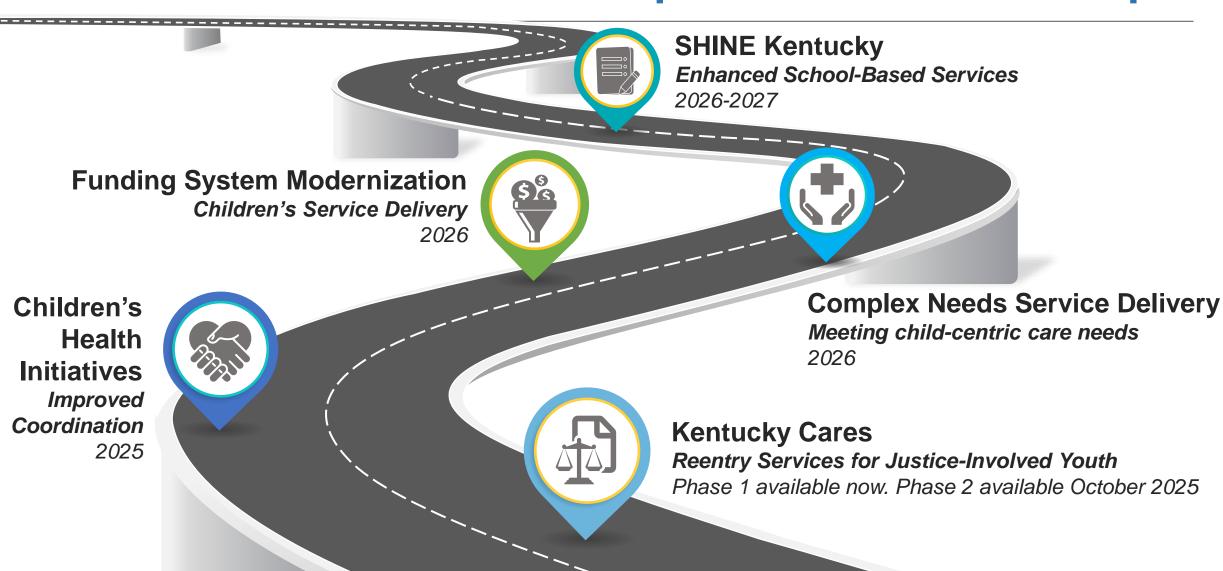


# Stability First

Healing and development over disruption and delays.



#### 2025 – 2027 Families First Implementation Roadmap



#### **Upcoming Events**

- Funding Modernization Roundtable Sessions
  - o April 30<sup>th</sup>
  - May 14<sup>th</sup>
  - June TBD

- For more information on upcoming events contact Melissa Goines
  - melissa.goins@ky.gov



#### **Questions for DMS?**

#### **DMS HOME**



#### **DMS BHI ISSUES**





DMS.ISSUES@KY.GOV



# Medicaid Advisory Council and Beneficiary Advisory Council Federal Changes



#### Medicaid Advisory Committee and Beneficiary Advisory Council

• Under the Ensuring Access to Medicaid Services Final Rule, new federal requirements for a Medicaid Advisory Committee (MAC) and Beneficiary Advisory Council (BAC) effective July 2025. (42 CFR 432.12)

#### MAC areas to highlight:

- Members selected by Commissioner
- Advising role does not change
- Expands membership to MCOs and other Commonwealth agencies
- BAC members must comprise certain % of MAC
- Selection of members will change
- Members cannot serve back-toback terms
- MAC must submit an annual report to CMS

- Held virtual forums on December 16 and 18, 2024
- Conducted survey through December
   30, 2024
- Presented on key takeaways and proposed legislation

#### **BAC** areas to highlight:

- Members selected by Commissioner
- BAC membership is only current and former Medicaid beneficiaries, family members and caregivers
- Members cannot serve back-toback terms
- BAC meetings do not need to be public
- Certain % of BAC members must serve on the MAC
- Must meet prior to MAC meeting



#### **Current Advisory Council on Medical Assistance** KRS 205.540 and 205.550

**Selection:** Appointed by the Governor

**Size and Term:** 22 members, four-year term – may

serve consecutive terms

**Meeting Frequency:** State law requires quarterly but

currently meets every other month

**Meeting Format:** Public meetings may be held in person or virtual subject to the Kentucky Open Meeting laws

**Representation:** 13 provider associations, five consumer advocacy groups, three Medicaid beneficiaries, and Medicaid Commissioner as Secretary designee

#### Medicaid Advisory Committee Federal Rule 42 CFR 431.12 – Federal Mandate v State Discretion

**Selection:** Federal mandate for Commissioner to appoint

**Size and Term:** State discretion but mandates members cannot serve consecutive terms

**Meeting Frequency:** At least quarterly but mandates the Beneficiary Advisory Committee must meet before MAC

#### **Meeting Format:** State discretion but mandates:

- 1. At least two meetings per year open to the public with dedicated time for public comment
- 2. 30-day public notice of meeting
- 3. Offer rotating, variety of meeting attendance options (all in-person, all virtual, hybrid)
- 4. Phone dial-in option for members and public
- 5. Provide meaningful access through reasonable modifications

#### **Representation:** State discretion but mandates at least one from each of the following:

- Required percentage of members come from the Beneficiary Advisory Committee Advocacy groups or community orgs represent or provide direct services to beneficiaries
- 2. Clinical providers familiar with beneficiaries including primary care, specialty care and long-term care
- 3. At least one managed care organization representative
- 4. Other state agencies that serve beneficiaries as ex-officio



## New Medicaid Advisory Committee – July 9, 2025

- Includes membership in KRS 205.540 appointed by Medicaid Commissioner
  - Members with unexpired terms will be automatically appointed to the new MAC
  - If there is a vacancy or an expired term, it will be filled with a new nomination or application
- Adds the following appointments by the Commissioner per federal rule:
  - Commissioners or their designee as ex-officio, non-voting:
    - Department of Public Health
    - Department for Community Based Services
    - Department for Medicaid Services
    - Department for Behavioral Health, Developmental and Intellectual Disabilities
  - Medicaid Managed Care Organization representative
  - At least 25% of the MAC to be members from the Beneficiary Advisory Council
- Terms will be 4 years, except upon initial appointment terms will be staggered
- Consecutive terms are not permitted but may be reappointed after a 4 year period



## New Beneficiary Advisory Committee (BAC)

- Appointed by the Medicaid Commissioner through applications
- 15 members
  - 10 Beneficiaries (includes the 3 in KRS 205.540)
  - 5 Parents/Caregivers
- 4 year terms, except terms will be staggered upon initial appointment
- Consecutive terms are not permitted, but may be reappointed after a 4 year period
- BAC must meet before the MAC
- Members may receive financial support and other accommodations to facilitate participation
- Members may request their names remain private, and meetings may be closed to the public



### MAC and BAC Next Steps

- Filing regulations
- Launching website
- Posting new MAC and BAC applications, Advisory Council to MAC terms crosswalk, Frequently Asked Questions
- Sending letters to current Advisory Council members and nominating organizations
- Distributing information through email distribution lists
- Conducting outreach to recruit BAC members
- Supporting applicants with the application process



# Hot Topic: Our Healthy Kentucky Home Spotlight on Mental Health



# BE PROACTIVE FOR MENTAL HEALTH







**EXERCISE** Regularly



ENGAGE With Others

TO LEARN MORE VISIT: OurHealthyKYHome.ky.gov







## My Healthy Kentucky Home: April, Mental Health

- According to the Centers for Disease Control, nearly 1 in 4 U.S. adults, that's more than 61 million Americans, reported having a mental health condition in 2023
- Good mental health is essential to overall health and well-being
- By incorporating modest lifestyle changes into your daily routine, you can improve your mental health and well-being at every stage of life



# The 2022 Kentucky Behavioral Risk Factor Surveillance Survey reports that:

- 38% of citizens are obese
- 26% do not engage in any non-work physical activity (i.e., exercise)
- 45% eat fruit less than once per day
- 20% eat vegetables less than once per day
- 17% of adults smoke cigarettes (4th highest)



## My Healthy Kentucky Home: April, Mental Health

 According to the 2023 America's Health Rankings, the United Health Foundation reported that the Commonwealth of Kentucky ranked 41st for overall health. Additionally:



746,000 adults in Kentucky have a mental health condition.



That's more than 10x the population of Bowling Green.



#### **According to the Center for Disease Control**



Nearly 1 in 4 U.S. adults reported having a mental health condition in 2023.



KY improved from 16.1% to 15.2% from 2021 to 2022 but was unfortunately still above the national average of 14.1%







# MOVING



## FOR MENTAL HEALTH

Increasing physical activity can reduce feelings of anxiety and improve your mental health.

TO LEARN MORE VISIT: Our Healthy KYHome.ky.gov







### My Healthy Kentucky Home: April, Mental Health



On average, 1 person in the U.S. dies by suicide every 11 minutes.

In Kentucky, **800 lives were lost to suicide** and 157,000 adults had thoughts of suicide in the last year.









#### You're not alone

**Pregnant or just had a baby?** The National Maternal Mental Health Hotline is free, confidential, and here to help, 24/7.







**Text** 







Questions



# Open call for topics of interest!

What would you like to hear more about from the Cabinet?

